



In-Person Learning Experience

The beauty of our in-person course is that you go for one 8-hour day, then you're done.

(minus the exam and video for those wanting to make their certification official)

No long, drawn-out, months-long process that turns into a pile of wasted money.



The Fastest Growing Fitness Trend

The **indoor rowing** industry is quickly gathering steam, and making its way onto the fitness scene with a wildly devoted fan base ready to pour their time, money, and sweat into a total body, low-impact workout that is efficient, safe, fun AND effective.

In fact, **indoor rowing** is growing so quickly there's already a shortage of certified instructors, and the need is only going to grow in the next few years.



Learn from the Best

Our indoor rowing certification is **thorough, challenging, hands-on, and personal.**

Our master instructors are TRUE experts. All of them have at least a decade of experience coaching fitness and rowing.

Most have twice that or more. They know exactly how to teach proper rowing technique and rowing instruction AND make learning it a total blast at the same time.